



REFLECT

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September 2010

Trinity Churches: Living for Jesus, Loving one another, Setting a table for the world

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Keep on taking the tablets....?

During the autumn we'll be looking at the Ten Commandments in our morning services. Based on some great material by the evangelist J John – “Just10” – we'll be exploring this life-changing teaching in a contemporary and engaging way. Charis groups are also invited to study their way through the ten commandments week-by-week.

A few years ago the Methodist Church and a Christian website (ship-of-fools.com) held a competition to come up with an eleventh commandment. Aimed at 20- and 30-somethings, here are the winners, ready to be chiselled in granite.....

- Thou shalt not worship false pop idols
- Thou shalt not kill in the name of any god
- Thou shalt not confuse text with love
- Thou shalt not consume thine own body weight in fudge
- Thou shalt not be negative

just10

The runners up were interesting as well. Thou shalt not... “dump your lover by text... dance like your dad... change allegiance if your football team is relegated... hold loud conversations on thy mobile in a public place..” etc.

However behind this competition is a discussion as to the place of the Ten Commandments in society today. Many people, including Christians, have trouble naming all the commandments, let alone a handful of them. Some people today see them as a set of unwanted regulations to stifle our freedom, or a set of outdated rules which have nothing to say to C21 society. What might we make of all of this?

Firstly I’m convinced that in the Ten Commandments of the Bible we have good news to live by. Far from being irrelevant and incongruous to contemporary society, they scratch where people itch. The average person in the street is against murder, theft, deceit and greed, just as they are in favour of stable family life and good balance between work and leisure. Part of the divine thumb-print in our lives – however marred - is that God’s law makes sense.

Secondly the Ten Commandments speak to us as we really are. They recall us to the kind of life we are made to live. They do not treat us as though we have just stepped out of stained-glass windows. We badly need a set of fences

with prominently displayed danger signals; the Ten commandments are those fences. God will not stop us climbing over them, but he did love us enough to put them up.

Finally the Ten Commandments have the potential to transform society. They are certainly aimed at the individual, but the singular ‘you’ refers to the whole community. Each commandment is addressed to an individual member of the community. When rules are addressed to a group as a whole, it is quite easy for individuals to evade responsibility by hiding in the crowd. But when personally couched then there is no escape.

So “Keep on taking the tablets....” Laws do not

restrict us – they free us to live in order and harmony. I'm reminded of St Augustine who said

“Love God and do whatever you like.” As we love God more – the holy, personal, loving, covenant God

who gave the Ten Commandments – we can find the path to true life.

Phil Cansdale

Isaiah 58 Project

Closing Down 31st July 2010

It is with great sadness that we have to announce that after 10 years we are going to have to close down.

The main reasons for this is the failing health of John and Maria and the economic climate that has hit us hard.

We would like to thank every one who has worked on the project some have worked on it for well over 5 years.

In the past 10 years we have helped well

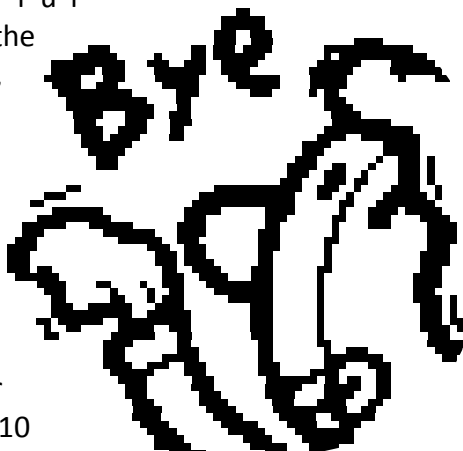
over 2,500 people who were on or below the poverty line thanks to all of you who have given us Food, Clothes, Furniture, Money & Computers.

We will always remember the wonderful support of the churches, their members, and their generous donations each and every week for these past 10

years.

Thank you all again for your wonderful support over the past 10 year.

Yours in Christ
John and Maria



What is Causeway?

access to life...

Ian Langstaff, a member of Christ the King, writes about Causeway, a group meeting at Holy Trinity he and others have been involved in leading for a number of years.

Causeway was set up maybe 30 years ago as part of the Prospects organisation, although our group has been operating for about 15 years.

It is a somewhere that people with leaning difficulties can come to find out about Jesus and Christianity.

We meet in the rear of HTMB fortnightly during term time . Our meetings usually start with prayer then

a time of Praise and then a talk or activity after one of the members brings us the reading.

We have several leaders and we all take turns to bring the Word to the group in hopefully interesting ways, ie. Drama, pictures, music and food to name but a few. We also have guest speakers from time to time

We then have another time of prayer for anyone to contribute. Then it is tea or coffee and biscuits and a time to chat.

The whole time is no more than 75 mins but it is always worth coming.

We have about 25 people who attend with a third of them being leaders.

A few come down from York House in Bayston Hill, a Prospects house. Most other members come from in and around Shrewsbury and many know each other from meeting at Mencap establishments and meetings.

Anyone wishing to find out more can contact me on 01743 366650

Ian Langstaff

Lourdes 2010

Between July 26th and August 3rd, I travelled with a group of young people from Shrewsbury Catholic Cathedral to Lourdes, a pilgrimage site located in south west France in the foothills of the Pyrenees which is a site of healing.

The 24 hour journey comprised of a coach trip to Dover from Shrewsbury, a ferry over the channel to Calais and then an overnight couchette train down to Lourdes.

Our first duty was to make up the beds on the hospital carriage carrying the sick on the train before they boarded; we were also on duty on the train on the journey back,

which involved a 5.00 am start as we neared Calais as we had to strip the beds of the unwell.

The main aim of the trip was to assist the pilgrims, mainly consisting of elderly or sick persons, in getting to church services and various visits in the vicinity. This involved collecting pilgrims from a range of hotels located across the

town, and pushing them in wheelchairs to wherever they wished to go.

This could involve heading into the town centre to enable them to buy a drink or gifts from one of the many souvenir shops.

However, the majority of the time involved accompanying and assisting them to masses at the



different churches, usually within the domain.

The highlight of the services for me was the International Mass, where different languages were spoken by the priests and for hymns in the packed out Underground Basilica, constructed in 1958 in order to meet the enormous crowds expected in the centenary year.

On a personal level the most memorable aspects of the trip were meeting other

young persons from the Shrewsbury Diocese where good friendships were made, and the hospital duty which I found very rewarding.

At the hospital which was home to the sick for their visit, doing various tasks gave me a real insight into the problems that are faced every day by those with incurable disease and terminal illness.

Finally, I'd like to thank the Short Term Mission Committee from Holy Trinity

Church for aiding me financially in this venture, and Tony Burns and all the helpers at the Catholic Cathedral in Shrewsbury for their support in enabling me to undertake this trip allowing me to learn about the spiritual aspects of healing in Christianity.

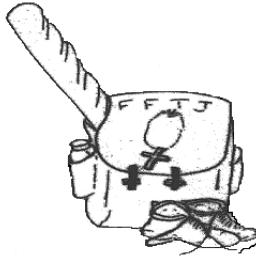
*James Morris
Aged 16*

Politics, Prison, Peace

A reminder that Jonathon Aitken, former cabinet minister and committed Christian will be speaking at Theatre Severn on 9 September. Tickets, at only £6 the cheapest event in the current season at the theatre, are available directly from the box office.

Jonathon will be sharing the story of his life and this is a great opportunity for us to take friends to hear a high profile Christian's testimony.

FOOD for the JOURNEY



'In The World, But Not Of It' *A Christian Misunderstanding?*

A time to explore what the life of faith means today

CARDINAL GRIFFIN HIGH SCHOOL, CANNOCK

Saturday 2nd October 2010

10 am to 4 pm

Led by NEIL RICHARDSON

Minister, Theologian and Author

Former President of the Methodist Conference

A day event of inspiring leadership, discussion, encouragement,
fellowship, food, fun and worship!

Cost: £15 per person – Lunch included

For further information please contact
Paul Lewis – 01952 820135 or 07968 130912
foodforthejourney@gmail.com

A project of the Lichfield Diocese & Wolverhampton and Shrewsbury Methodist District

Call to Local Ministry Training

I'm very excited to be starting to train for local ministry in September. My journey up to this point has been a long one and at times quite challenging but God has been with me at every stage for which I'm very thankful.

When we first arrived at Meole Brace (quite a few years ago!) I

found myself very quickly taking on the role of musical director. Ten years later it was time to move on and for a couple of years Kevin and I led the children's work.

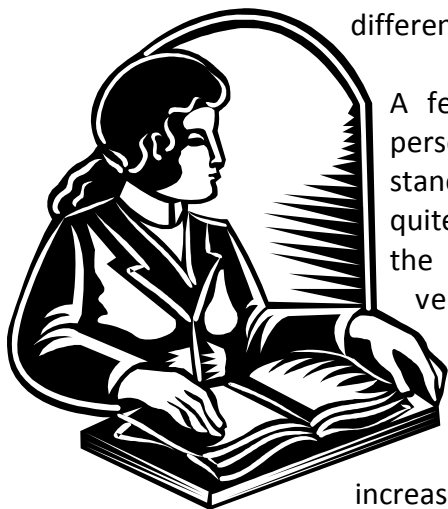
Following this I served in a variety of ways and also picked up some of the worship leading once again, but this time in a very different context.

A few years ago personal circumstances became quite difficult with the death of a very close friend. It was around this time that I felt increasingly drawn

into pastoral work/ ministry and God gently and graciously began to show me that this was what I may be involved in.

I started to 'test the waters' and increasingly felt a sense of calling in this area. About a year ago I took on the role of pastoral co-ordinator for the 10.45 congregation, which is a huge privilege. I am also very aware that many of us are involved in pastoral care for one another and that it's something that cannot be undertaken by one person alone...

Although I did the Bishop's certificate many years ago,



embarking on further training was not something I had seriously considered until much more recently, mainly because of the demands of bringing up a family.

God's timing is perfect because over the last year I have felt called to train as a local minister and although I still have important family commitments,

the pressures are not so great.

I am delighted to have been recommended for local ministry training and am looking forward to starting the course. I'm very open to where God may be leading me and the structure and content of the course will hopefully help to discern my calling more fully.

The support and prayer of so many has meant such a lot... Thank you. I would value your continued prayer support, especially over the next couple of years.

Anastasia Lawrence

Café Connect

New Assistant Manager

We are delighted to welcome Jillie Turvey as the new café Connect Assistant Manager. Jillie will be beginning her part time role, from 1 September, supporting Olwen Abbott and the team of

volunteers who offer good food and a Christian welcome on Radbrook.

Jillie, who worships at 10.45, came to Shrewsbury earlier in the year as a volunteer with Shrewsbury

Youth for Christ and will combine the two roles from September.



Back to Church Sunday

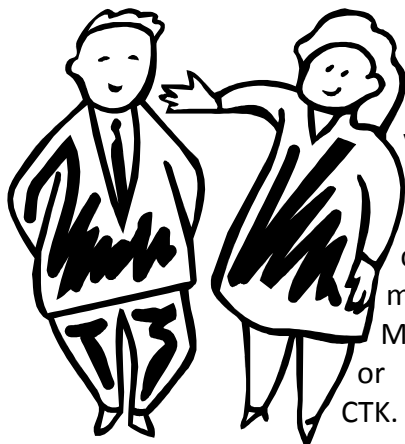
26th September

This is positively the last piece you will read in Reflect to remind you about B2CS this year! By now everyone should have

been given a Prayer card, to focus prayers on just who it is that God wants YOU to invite to one of our Services that Sunday.

From the beginning of September we will be giving out the Invitations for you to use. They need to be filled in; the date is 26th September, the place and time will be the service at Trinity Churches which you attend. Then all you have to do is use it !

God bless,
Judith Haddaway



However, if all this has passed you by, there is still time, please ask for a Prayer card, or speak to myself or Ian Matthews at 10.45, or Jane Weston at CTK.

Holy Trinity Flower Rota

September

5th/12th Nicky Purcell & Kristina Bellamy

19th/26th Cary Tay

Brasses Vanessa Askew & Marion Benson

Advance notice, October 3rd is Harvest Festival, we shall be decorating church from 9.30 am on Saturday 2nd.

Many thanks, Judith

Fiwila

Michala Hoyland Visits

Michala Hoyland, a member of 10.45 and 6.30 reflects on her recent visit to Fiwila in Zambia, where Trinity Churches has a longstanding link through the Shropshire Fiwila Partnership.

When I first started coming along to Trinity Churches one of my many prayer requests was, 'Lord

please let me go to Fiwila.' I am delighted to say, I have been and what a joy and a privilege it was!

On the 23rd July our team (Cherry, Len, Jenny, Kathryn, Andy, Kevin and myself) set off for our 10 day Fiwila adventure. We were highly welcomed by the people in Fiwila and settled in to our

things our team got involved with, like painting the boys dormitories (it took three coats and involved very stinky paint!!!), teaching, (when the school was open!) making resources, looking for the water source, plumbing, going to the market, cooking and chatting with everyone.

new routine quickly.

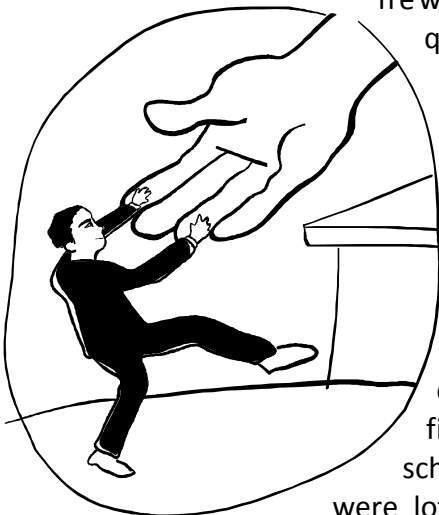
We were given the 'tour' and visited the orphanage, the clinic, the mission, the convent and finally the school. There were lots of different

I have many highlights but here are just three:

Playing the Okey Cokey with 54 giggling seven year olds!

Mrs Tembo and her 'welcome cake.'

Being part of an amazing team.



(serving one another, serving the people in Fiwila and serving God !)

It was an honour to be 'prayed off' by Trinity Churches, to take greetings and to share worship with everyone in Fiwila. I had the song "Sing for joy O Africa the Lord your God is with you buzzing around my head for our entire trip!

A big thank you, to all of you who prayed for us. Many prayers were answered and God was close. Can I encourage you to keep up to date with The Shropshire Fiwila Partnership and future developments and continue to pray for the people in Fiwila.

I will remember my time in Fiwila in Perpetuity! If you would like to find out

more, then please do get in touch. (I have hundreds of photos to share!!)

Michala Hoyland

Fun in the Sun

Football in the mud!

All of our fun in the sun events over the summer so far have been blessed with sun and fun. The church picnic in the Quarry and the pudding party at the Vicarage were great opportunities to relax together.

Cricket vs. All Saints Wellington was a bit more competitive, as Steve Clarkson's (10.45) bruises will testify. Thanks to catching heroics by Dai Owen (9 am) and the raw talent of the Dean and Clarke

families (CTK), we emerged victorious. Inspired by the success of the evening, All Saints promise us a return match, but this time at football later in the year. Watch this space for details.

Celebrate Recovery

John Woodyatt, one of the leaders of Celebrate Recovery, reflects on why he has found the course, running in the Trinity Centre on Thursday mornings, so effective.

Celebrate Recovery is a national Christian course, working with anyone who has hurts, habits and hang ups and wants to deal with them.

What makes the Celebrate Recovery Course so different from other Christian course around? Well it is a personal course, although done in a group setting, and many attending have discovered that God speaks to us, heals us, teaches us, and shows

His great love for each one of us personally .

When we walk with God using the Beatitudes you realise that God himself is right next to you looking over your shoulder and talking in your ear . Day by day, week by week you learn to walk closer to God and learn to follow in his footsteps.

I have found God walks back into many people's lives, allowing them to revisit their past life and repent of their sins. God heals hurts and sadness, removes pain and regrets as only God can do. We become closer to God; wanting to do his will and bring glory to him.

Through Celebrate Recovery, I have seen people know themselves so much better and feel far more balanced in themselves, able to view the world with more Christian insight and able to understand other people far better than before because of God's love inside them.

Celebrate Recovery is open to all and operates on a rolling programme of sessions - anyone is welcome to come along at any time. Please call the church office and a member of the leadership team would be happy to give you more information.

John Woodyatt



Make a Joyful Noise!

A music day for all...

Make a Joyful Noise! is designed to encourage and equip all who want to see music flourish in their church worship. The Music Day is aimed at local churches with local singers and instrumentalists in mind. The hope is that it will lift people's vision, encourage their spirits and equip them with some practical skills and insights to make a difference back home. Past Music Days have been warmly received with much appreciative feedback and enthusiasm. An excited buzz pervades as people from many different backgrounds come together to share a common love and concern for music in worship.

DATE: 16th October 2010

VENUE: Manchester Cathedral and Visitors' Centre, and other city centre venues nearby. For a map and directions to the Cathedral, visit www.manchestercathedral.org

COST: £10 for the day (£9 per person if booked by Friday October 1st 2010).

FORMAT: The day offers a choice of eight different workshops in each of the three one-hour slots throughout the day, across a wide variety of church music and worship styles. The day will end with a combined act of worship in the cathedral.

For more information see www.manchester.anglican.org/events/1210/make-a-joyful-noise



Mothers Union

News



Just a reminder that our dates and speakers for the remainder of this year:

2 nd September	Gill Leah (<i>former Trustee and now MU Sales Rep</i>)
7 th October	Corinne Ashton (<i>Norwegian journey</i>)
4 th November	Rev. P. Hryziuk (<i>RSH chaplain</i>)
2 nd December	Rev. Phil Cansdale

Recycle and Raise Money!

A reminder that old office. These are printer cartridges and recycled and any mobile phones can be money raised through left in the church the recycling company

goes to church.



Happy Birthday!

Let's Celebrate!

Belated birthday wishes to those whose birthdays we may have missed!

16 th	Joel Willerton
30 th	Reuben Costa-Hall
30 th	Isaac Costa-Hall



Illuminate Saved...

But...

Following the article in July's Reflect, many of you will already know that Illuminate Christian bookshop, on Wyle Cop, was saved following a fantastic response by local Christians, raising over £48,000 through the purchase of shares in the Illuminate Trust, allowing the bookshop to continue to function as a Christian presence in the centre of Shrewsbury.

But:

This amount was still short of the £60,000 required; however the trustees have gone ahead, praying that the remaining £12,000 required will be raised. Anyone still wanting to buy £50 shares or make a donation would be welcome to do so at the bookshop.

The shop will only continue to be viable if we use it and the

trustees want to encourage all local Christians to buy their books and other Christian resources from Illuminate.

Kevin Lawrence



Fair Trade Street Theatre

Alongside the street theatre festival in Shrewsbury on 4 Sept, local church groups plan to perform sketches in the

grounds of St Alkmund's church to raise the profile of Fair Trade and Trade Justice as well as Shrewsbury's bid for

fair trade town status. If you are in town, wander by and give them some encouragement.

Picture It!

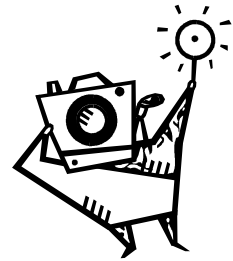
Church Weekend Away

As part of the children's work on the church weekend away we will be taking photographs as we look at God's amazing world. The children's work leaders would like to ask if anyone has any cheap and cheerful digital

cameras they don't use/need/would be prepared to lend for the weekend. The more they have the more fun they can have!!

Please pass any cameras on to Judith Clarkson via the

church office, labelling them if you want them back!



When Aren't You Here?

Keep rotas running smoothly

Just a reminder that, if you are ministering on one of our rotas, it would be really helpful if you could let Annette in the office know, as soon as possible, any dates between October and January 2011 when

you are not available so we can make sure we get the rotas as accurate as possible.

Annette works Tuesday and Friday mornings and can be contacted on 01743 362399 or by email on

Annette.preece@trinitychurches.org.



Charis Groups

@ Trinity Churches

What is a Charis Group?

Charis Groups are the smaller mid-week groups that meet in people's homes around the parish for fellowship, prayer, bible study and mutual support. They provide a safe and supportive environment for members to grow in faith and discipleship, and gain confidence in using the gifts God has given them. Each group is encouraged to have a specific mission or outreach initiative which they support.

In a church as large as Trinity Churches joining a Charis Group is an ideal way to belong and make friends, to give and receive pastoral care and support and to journey together in faith.

Why “Charis”?

“Charis” is a Greek word from the New Testament which is wonderfully rich in meaning. It can mean “blessing”; it can mean “gift”, or it can mean “grace”. We hope that members of our Charis Groups experience all three of these meanings as they enjoy God's blessing and seek to be a blessing to others; as they experience God's gifts to them and use these gifts to serve others and as they grow in the knowledge of God's abundant grace, his unconditional and steadfast love for them, and live to share this grace and love with others.

Here are the details of our existing Charis Groups, for more information and to join a group, please contact Catherine McBride (369322). If you would be interested in starting a Charis Group, please talk to Catherine, who would be happy to provide support and advice.

When Are The Charis Groups?

Monday:

6:30	20-somethings!	Emma Drury	07746 099372
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Tuesday:

6:00	We ROC (Years 5-6)	Judith Clarkson	244099
7:30	The Oaks	Brian Bates	271263
7:30	Cophorne	Anastasia Lawrence	359130

Wednesday:

8:00	Open Door	Mike Haddaway	362151
8:00	Hereford Road	Gareth & Jeanette Evans	369694

Thursday:

7:15	Fortnightly Focus (for 14-18 year olds)	Maggie Pierce	860686
7:30	The Wright Place	Jenny Mills	874282
7:30	Faith Explorers	Keith & Carol Booles	247201

Friday:

10:30	Friday Flourish (for parents of pre-school children)	Fi Iddon	357262
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For more details on our Charis Groups, please contact Catherine McBride.